

# TEACHING GUIDE

## READ AND RESPONSE

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### BEFORE READING THE BOOK

Introduce the book, the cover art, the author and illustrator.

Title: *Milly, Molly and Pennyroyal*  
Author and Illustrator: Gill Pittar and Cris Morrell  
Value: Control of anger

### IDENTIFY THE CHARACTERS

Take a picture walk through the book.

Milly (dark), Molly (fair), Farmer Hegarty and Pennyroyal

### DEMONSTRATION AND EXPLANATION

Show the doll and / or explain the Milly, Molly message, “We may look different but we feel the same” – promoting an understanding of shared feelings and the acceptance of difference.

**ASK:** What does ‘control of anger’ mean?  
(Coping with feelings of annoyance in a non-aggressive way.)

### READ THE BOOK

Relate the pictures to the storyline.

### AFTER READING THE BOOK

**RETELL:** Ask a child to retell the story in his or her own words.

**RECALL:** Ask the children to recall the characters and share something about them.

**Ask questions such as these:**

How did Pennyroyal behave when she felt angry?

Where was she sent to think about her angry behaviour?

Did she like the look of her angry face?

Was Pennyroyal able to control her anger?

**CONCLUSION:** Explain the value contained within the story.

When Pennyroyal’s angry behaviour becomes completely disruptive she is banished to a place on her own, which of course only fuels her anger more. Farmer Hegarty shows Pennyroyal the ugly face of anger – her face. Ashamed, she learns to control her anger.

### PERSONALISE

*For each child:*

**WRITE:** Write a list of the things that make you feel angry.

**TELL:** If you have thrown an angry tantrum, share it with your class.

**MAKE or DO:** Make a list of the things one can do to diffuse anger. (Quietly leave the situation, go for a walk, sit quietly in your room, go off and do something you enjoy doing, talk it through with someone you trust.)

**PRACTISE:** Think about the Milly, Molly message “We may look different but we feel the same” and remember to make an effort to control your anger.